

# THE THREE VEHICLES

VEHICLE	ASPIRATION	GOAL	PRACTICES	VIPASHYANA
<b>THERAVADA (Pali)</b>	Renunciation ( <i>nihsarana</i> ) (Renunciate)	<i>Nirvana</i> ( <i>Arhat</i> )	<u>8-fold path</u> right speech right action right livelihood right effort right mindfulness right concentration right view right thought  <u>3 higher trainings</u> 1. ethics ( <i>shila</i> )  2. concentration ( <i>samadhi</i> )  3. wisdom ( <i>prajna</i> )	<u>3 marks of existence</u> 1. impermanence ( <i>anitya</i> ) 2. suffering ( <i>dukkha</i> ) 3. no self ( <i>anatman</i> )
<b>MAHAYANA (Sanskrit)</b>	<i>Bodhicitta</i> ( <i>Bodhisattva</i> )	Enlightenment ( <i>bodhi</i> ) ( <i>Buddha</i> )	<u>6 perfections</u> 1. generosity ( <i>dana</i> ) 2. ethics ( <i>shila</i> ) 3. patience ( <i>kshanti</i> ) 4. joyous effort ( <i>virya</i> ) 5. concentration ( <i>dhyana</i> ) <i>shamatha</i> 6. wisdom ( <i>prajna</i> ) <i>vipashyana</i>	Emptiness ( <i>shunyata</i> )
<b>VAJRAYANA (tantra)</b>	<i>Bodhicitta</i> ( <i>Bodhisattva</i> )	Enlightenment ( <i>bodhi</i> ) ( <i>Buddha</i> )	<u>2 stages</u> 1. generation stage ( <i>utpattikrama</i> ) 2. completion stage ( <i>sampannakrama</i> )	Emptiness ( <i>shunyata</i> )

Renunciation – the mind intent on liberation from samsara

*Bodhicitta* – the aspiration for complete enlightenment for the benefit of all sentient beings

*Nirvana* – freedom from the afflictive obscurations

Enlightenment – freedom from the afflictive & cognitive obscurations

Afflictive obscurations – ignorance & seeds of ignorance

Cognitive obscurations – latencies (stains) of ignorance & mistaken dualistic appearance arising due to those stains

*Shamatha* – calm abiding

*Vipashyana* – special insight